NOVEMBER 2026 ESWA MENU

MENU SUBJECT TO CHANGE

Your $3.00 Donation is Appreciated!

Monday 2d
American Chop Suey
Green Beans
Roasted California Blend Vegetables
Fresh Fruit
Pumpernickel Bread

Tuesday 3rd
Hot Dog on Bun
Baked Beans
Coleslaw
Baked Apples
Mustard

Wednesday 4th
Chicken Pot Pie
Mashed Potatoes
Mixed Vegetables
Lorna Doone Cookies
Biscuit

Thursday 5th
Baked Potato with Vegetarian Chili & Cheese
Broccoli
Chocolate Mousse
Whole Wheat Bread
Sour Cream

Friday 6th
Meatballs with Onion Gravy
Bowtie Pasta
Scandinavian Vegetables
Fruited Ambrosia
Dinner Roll

Monday 9th
Garlic Herbed Chicken
Rice Pilaf

Jardiniere Vegetables Pear Crisp Diet = Applesauce Italian Bread
Tuesday 10th Shepherd's Pie Carrots Green Beans Fresh Fruit Marble Rye Bread
Wednesday 11th Veteran's Day No Meal Served
Thursday 12th Meatloaf with Gravy Garlic Mashed Potatoes Chuckwagon Corn Blueberry Mousse Whole Wheat Bread
Friday 13th Cracker Crumb Fish Lemon Seasoned Rice Mixed Vegetables Mandarin Oranges Pumpernickel Bread Tartar Sauce
Monday 16th Fritatta O'Brien Potatoes Stewed Tomatoes Blueberries Marble Rye Bread
Tuesday 17th Teriyaki Beef Steamed Rice Roasted Broccoli

Pineapple Fortune Cookie Whole Wheat Bread
Wednesday 18th Salisbury Steak with Gravy Garlic Mashed Potatoes Italian Blend Vegetables Brownie Diet = Cookies Sandwich Roll
Thursday 19th Ham and Cheese Chicken Bake Red Bliss Potatoes Green Beans Birthday Cake Diet = Half Piece Italian Bread
Friday 20th Burgundy Pork Herbed Potatoes Honey Glazed Carrots Applesauce Dinner Roll
Monday 23rd Macaroni and Cheese Stewed Tomatoes Mixed Vegetables Peaches Italian Bread
Tuesday 24th - Holiday Meal **Turkey with Gravy** Cornbread Stuffing Winter Squash Pumpkin Mousse Dinner Roll

Wednesday 25th
Marinated Pork Loin
Mashed Potatoes
Brussels Sprouts
Apple Crisp
Diet = Applesauce
Biscuit
Thursday 26th - Thanksgiving Day
No Meal Served
Friday 27th
White Bean Chicken Chili
Brown Rice
Green Beans
Fresh Fruit
Whole Wheat Bread
Monday 30th
Chicken Stir Fry
Rice Pilaf
Corn Niblets
Fresh Fruit
Pumpernickel Bread