

Oct-26

Menu Subject to Change
Thursday 1st Hot Dog on Bun Baked Beans Coleslaw Baked Apples Mustard
Friday 2d Swedish Meatballs Mashed Potatoes Carrots Fruited Ambrosia Italian Bread
Monday 5th Teriyaki Beef Vegetable Fried Rice Broccoli Pineapple Whole Wheat Bread Fortune Cookie
Tuesday 6th Meatloaf with Gravy Garlic Mashed Potatoes Scandinavian Vegetables Fresh Fruit Marble Rye Bread
Wednesday 7th Roast Turkey & Gravy Mashed Sweet Potatoes Peas & Mushrooms Apple Crisp Diet = Applesauce Dinner Roll
Thursday 8th Macaroni & Cheese Stewed Tomatoes Green Beans Tapioca Pudding Diet = Tapioca Pudding Italian Bread
Friday 9th Chicken Tiki Masala Couscous Roasted California Veg. Lorna Doones Pumpnickel Bread Monday 12th

COLUMBUS DAY

No Meal Served

Tuesday 13th**Pork Rib-i-que**

Mac N Cheese

Green Beans

Mandarin Oranges

Sandwich Roll

Wednesday 14th**Sloppy Joe**

Herbed Potatoes

Mixed Vegetables

Fresh Fruit

Sandwich Roll

Thursday 15th**Chicken Cacciatore**

Gemelli Pasta

Roasted Broccoli & Carrots

Blueberry Crisp

Diet = Applesauce

Italian Bread

Friday 16th**Fish with Crumb Topping**

Lemon Seasoned Potatoes

Tuscany Style Vegetables

Jello

Sandwich Roll

Tartar Sauce

Monday 19th**Honey Mustard Pork**

Red Bliss Potatoes

Carrots

Fresh Fruit

Dinner Roll

Tuesday 20th**Spaghetti & Meatballs**

Marinara Sauce

Green Beans

Baked Cinnamon Pears

Italian Bread

Wednesday 21st**Chicken Cranberry Salad**

Pasta Salad

Three Bean Salad

Fruited Ambrosia

Hot Dog Roll

Thursday 22d**Garlic Herbed Chicken**

Herbed Stuffing

Brussels Sprouts Cake Diet = Half Piece Pumpernickel Bread
Friday 23rd Beef Stir Fry Steamed Rice Broccoli & Red Peppers Oreos Marble Rye Bread
Monday 26th Vegetable Cheese Bake Seasoned Potatoes Green Beans Yogurt Whole Wheat Bread
Tuesday 27 Burger with Chili & Cheese Sweet Potato Fries Roasted California Vegetables Blueberries Sandwich Roll
Wednesday 28th Jambalaya Rice Pilaf Green Peas Pineapple Marble Rye Bread
Thursday 29th Braised Beef Gemelli Pasta Broccoli Peaches Italian Bread
Friday 30th Ranch Chicken Vegetable Couscous Spinach Pumpkin Mousse Pumpernickel Bread

