

August 2026 ESWA Menu
MENU SUBJECT TO CHANGE
Your \$3.00 Donation is Appreciated!
Monday 3rd Vegetable Cheese Bake Seasoned Potatoes Green Beans Fresh Fruit Whole Wheat Bread
Tuesday 4th Ranch Chicken Veggie Couscous Spinach Rice Krispy Treat Pumpernickel Bread
Wednesday 5th Hot Dog on Bun Baked Beans Coleslaw Baked Apples Mustard
Thursday 7th Braised Beef Mashed Potatoes Green Beans Blueberry Streusel Cake Diet = Cookies Italian Bread
Friday 6th Jambalaya Rice Pilaf Mixed Vegetables Mandarin Oranges Marble Rye Bread
Monday 10th American Chop Suey Broccoli and Carrots Corn

Dinner Roll Lorna Doone Cookies
Tuesday 11th Burger with Onions and Peppers Pasta Salad Sweet Potato Fries Fresh Fruit Sandwich Roll
Wednesday 12th Chicken Picatta Lemon Seasoned Rice Jardiniere Blend Veg Fruited Ambrosia Pumpernickel Bread
Thursday 13th Baked Potato with Chili and Cheese Sour Cream Broccoli Chocolate Mousse Whole Wheat Bread
Friday 14th Burgundy Pork Garlic Mashed Potatoes Glazed Carrots Peaches Italian Vienna Bread
Monday 17th Shepherd's Pie Peas and Carrots Baked Apples Biscuit
Tuesday 18th Greek Chicken Pasta

Broccoli
Brownie
Diet = Cookies
Pumpernickel Bread
Wednesday 19th
Meatloaf with Gravy
Garlic Mashed Potatoes
Summer Blend Vegetables
Tropical Fruit
Whole Wheat Bread
Thursday 20th
Turkey with Supreme Sauce
Cranberry Stuffing
Green Beans
Fresh Fruit
Dinner Roll
Friday 21st
White Bean Chicken Chili
Brown Rice
Corn
Fruited Ambrosia
Marble Rye Bread
Monday 24th
Fritatta
Stewed Tomatoes
O'Brien Potatoes
Yogurt
Pumpernickel Bread
Tuesday 25th
Teriyaki Beef
Steamed Rice
Roasted Broccoli
Pineapple
Fortune Cookie

Whole Wheat Bread
Wednesday 26th Ham and Cheese Chicken Bake Red Bliss Potatoes Scandinavian Vegetables Fresh Fruit Dinner Roll
Thursday 27th Salisbury Steak with Gravy Garlic Mashed Potatoes Herbed Carrots Birthday Cake Diet = Half Piece Sandwich Roll
Friday 28th Lemon Pepper Fish Rice Pilaf Mixed Vegetables Mixed Fruit Marble Rye Bread Tartar Sauce
Monday 31st Macaroni and Cheese Stewed Tomatoes Green Beans Peaches Italian Bread