

ESWA Nutrition Program

Menu Subject to Change

<p>Monday 1st Salisbury Steak Garlic Mashed Potatoes Peas & Mushrooms Lorna Doones Sandwich Roll</p>
<p>Tuesday 2d Frittata O' Brien Potatoes Stewed Tomato Vanilla Pudding Italian Bread</p>
<p>Wednesday 3rd Chicken Picatta Gemelli Pasta Green Beans Fruited Ambrosia Pumpnickel Bread</p>
<p>Thursday 4th Teriyaki Beef Steamed Rice Roasted Broccoli Pineapple Fortune Cookie Whole Wheat Bread</p>
<p>Friday 5th Lemon Pepper Fish Lemon Herb Potatoes Mixed Vegetables Fresh Fruit Marble Rye Bread</p>
<p>Monday 8th Macaroni & Cheese Stewed Tomatoes Jardiniere Vegetables Yogurt Marble Rye Bread</p>
<p>Tuesday 9th Meatballs with Onion Gravy Bowtie Pasta Scandanavian Vegetables Pineapple Pumpnickel Bread</p>
<p>Wednesday 10th Marinated Pork Loin Cornbread Stuffing California Blend</p>

Baked Apples
Whole Wheat Bread

Thursday 11th

BBQ Chicken
Mashed Potatoes
Green Beans
Chocolate Pudding
Italian Bread

Friday 12th

Ham Salad Sandwich
Pasta Salad
Tomato & Onion Salad
Fresh Fruit
Pita Bread

Monday 15th

Chicken Stir-Fry
Steamed Rice
Roasted Broccoli
Fresh Fruit
Pumpnickel Bread

Tuesday 16th

Beef Bourginon
Garlic Mashed Potatoes
Country Blend Vegetables
Mixed Fruit
Italian Bread

Wednesday 17th

Lasgana and Meatballs
Peas & Carrots
Baked Cinnamon Pears
Whole Wheat Bread

Thursday 18th ***Father's Day Meal***

Chicken with Broccoli & Cheese
Cranberry Stuffing
Brussels Sprouts
Tiramisu Cupcakes
Dinner Roll

Friday 19th Juneteenth

No Meal Served

Monday 22d

Garlic Brown Sugar Chicken
Mashed Potatoes
Honey Glazed Carrots
Vanilla Mousse
Whole Wheat Bread

Tuesday 23rd

Ziti with Meat Sauce
California Blend
California Vegetables

Green Beans
Fresh Fruit
Italian Bread

Wednesday 24th

Hot Dog on Bun

Baked Beans
Coleslaw
Baked Apples
Mustard

Thursday 25th

Vegetarian Chili with Cheese

Roasted Potatoes
Country Blend Vegetables
Birthday Cake
Marble Rye Bread

Friday 26th

Beef Enchilada with Cheese

Spanish Rice
Chuckwagon Corn
Pineapple
Pita Bread
Sour Cream

Monday 29th

BBQ Bahn Mi Pork

Carrots
Coleslaw
Baked Cinnamon Pears
Sandwich Roll
Mayo

Tuesday 30th

Lentil Stew with Cheddar Cheese

Steamed White Rice
Jardiniere Vegetables
Fruited Ambrosia
Marble Rye