

MAY 2026 VOICE READABLE MENU
Elder Services of Worcester Area Nutrition Program
Menu Subject to Change
Friday 1st Potato Crunch Fish Rice Pilaf Mixed Vegetables Fruited Ambrosia Sandwich Roll Tartar Sauce
Monday 4th Shepherd's Pie Carrots Peas Vanilla Yogurt Marble Rye Bread
Tuesday 5th <i>Cinco de Mayo</i> Chicken Fajitas Spanish Rice Black Beans & Corn Pineapple Bread Sour Cream
Wednesday 6th Braised Beef Gemelli Pasta Broccoli Baked Apples Pumpernickel Bread
Thursday 7th <i>Mother's Day Meal</i> Chicken Royale with Gravy Mashed Sweet Potatoes Green Beans Double Chocolate Cake Italian Bread
Friday 8th Vegetable Cheese Bake O'Brien Potatoes Tuscany Vegetables Fresh Fruit Whole Wheat Bread
Monday 11th Honey Mustard Pork Mashed Potatoes Mixed Vegetables

Fresh Fruit Italian Bread
Tuesday 12th Burger with Chili & Cheese Herb Potatoes Green Beans Lorna Doone Cookies Sandwich Roll
Wednesday 13th Jambalaya Rice Pilaf Peas & Carrots Pineapple Pumpernickel Bread
Thursday 14th Garlic Herbed Chicken Cranberry Stuffing California Blend Tapioca Pudding Whole Wheat Bread
Friday 15th Beef Stir Fry Steamed Rice Roasted Broccoli Baked Cinnamon Pears Marble Rye Bread
Monday 18th Ranch Chicken Vegetable Couscous Spinach Fresh Fruit Pumpernickel Bread
Tuesday 19th Chicken Cranberry Salad Pasta Salad Tomato & Onion Salad Vanilla Mousse Hot Dog Bun
Wednesday 20th Burgundy Pork Mashed Potatoes Brussels Sprouts Pear Crisp Diet = Applesauce Italian Bread

Thursday 21st <i>Holiday Meal</i> Hot Dog on Bun Baked Beans Coleslaw Baked Apples Mustard
22 American Chop Suey Roasted Cauliflower Carrots Chocolate Brownie Whole Wheat Bread
Monday 25th Memorial Day No Meals Served
Tuesday 26th Turkey Supreme Cornbread Stuffing Country Blend Vegetables Pineapple Pumpnickel Bread
Wednesday 27th Meatloaf with Gravy Garlic Mashed Potatoes Honey Glazed Carrots Peaches Marble Rye Bread
Thursday 28th Greek Chicken Steamed White Rice Brussels Sprouts Birthday Cake Italian Bread
Friday 29th Baked Potato with Chili and Cheese Broccoli Fresh Fruit Whole Wheat Bread Sour Cream