


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>MENU SUBJECT TO CHANGE</u> Your \$3.00 Donation is Appreciated!				1 Potato Crunch Fish Rice Pilaf Mixed Vegetables Fruited Ambrosia Sandwich Roll Tartar Sauce
4 Shepherd's Pie Carrots Peas Vanilla Yogurt Marble Rye Bread	5 <u><i>Cinco de Mayo</i></u> Chicken Fajitas Spanish Rice Black Beans & Corn Pineapple Pita Bread Sour Cream	6 Braised Beef Gemelli Pasta Broccoli Baked Apples Pumpernickel Bread	7 <u><i>Mother's Day Meal</i></u> Chicken Royale w/Gravy Mashed Sweet Potatoes Green Beans Double Chocolate Cake Dt. = Cheesecake Mousse Italian Bread	8 Vegetable Cheese Bake O'Brien Potatoes Tuscany Vegetables Fresh Fruit Whole Wheat Bread
11 Honey Mustard Pork Mashed Potatoes Mixed Vegetables Fresh Fruit Italian Bread	12 Burger w/ Chili & Cheese Herb Potatoes Green Beans Lorna Doone Cookies Sandwich Roll	13 Jambalaya Rice Pilaf Peas & Carrots Pineapple Pumpernickel Bread	14 Garlic Herbed Chicken Cranberry Stuffing California Blend Tapioca Pudding Diet = SF Tapioca Whole Wheat Bread	15 Beef Stir Fry Steamed Rice Roasted Broccoli Baked Cinnamon Pears Marble Rye Bread
18 Ranch Chicken Vegetable Couscous Spinach Fresh Fruit Pumpernickel Bread	19 Chicken Cranberry Salad Pasta Salad Tomato & Onion Salad Vanilla Mousse Hot Dog Bun	20 Burgundy Pork Mashed Potatoes Brussels Sprouts Pear Crisp Diet = Applesauce Italian Bread	21 <u><i>Holiday Meal</i></u> Hot Dog Baked Beans Coleslaw Baked Apples Mustard Hot Dog Bun	22 American Chop Suey Roasted Cauliflower Carrots Chocolate Brownie Diet = Half Piece Whole Wheat Bread
25 <u><i>Memorial Day</i></u> No Meal Served	26 Turkey Supreme Cornbread Stuffing Country Blend Vegetables Pineapple Pumpernickel Bread	27 Meatloaf with Gravy Garlic Mashed Potatoes Honey Glazed Carrots Peaches Marble Rye Bread	28 Greek Chicken Steamed White Rice Brussels Sprouts Birthday Cake Diet = Small Piece Italian Bread	29 Baked Potato w/ Chili & Cheese Broccoli Fresh Fruit Whole Wheat Bread Sour Cream

508-852-3205

Ext. 290

MAY 2026

ESWA Nutrition Program

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