

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Shepherd's Pie Carrots / Peas Chocolate Pudding Diet = Chocolate Pudding Marble Rye Bread	3 Greek Chicken Steamed White Rice Broccoli Peaches Pumpernickel Bread	4 Meatloaf with Gravy Garlic Mashed Potatoes Chuckwagon Corn Fresh Fruit Italian Bread	5 Hot Dog on Bun Baked Beans Coleslaw Baked Apples Mustard	6 Frittata O'Brien Potatoes Stewed Tomatoes Cookies Whole Wheat Bread
9 Teriyaki Beef Steamed Rice Roasted Broccoli Pineapple Fortune Cookie Whole Wheat Bread	10 White Bean Chicken Chili Brown Rice Green Beans Mandarin Oranges Marble Rye Bread	11 Chicken Picatta Pasta California Blend Veg. Lemon Pudding Diet = Tapioca Pudding Pumpernickel Bread	12 Salisbury Steak with Gravy Garlic Mashed Potatoes Herbed Carrots Fresh Fruit Sandwich Roll	13 Lemon Pepper Haddock Red Bliss Potatoes Mixed Vegetables Lorna Doones Marble Rye Bread Tartar Sauce
16 BBQ Chicken Seasoned Potatoes Country Blend Vegetables Peaches Marble Rye Bread	17 Corned Beef Boiled Potatoes Cabbage & Carrots Cheesecake Mousse Italian Bread 	18 Marinated Pork Loin Herbed Stuffing Broccoli & Carrots Brownie Diet = Cookies Italian Bread	19 Cranberry Chicken Salad Pasta Salad Tomato & Onion Salad Fresh Fruit Hot Dog Bun	20 Macaroni & Cheese Stewed Tomatoes Green Beans Fruited Ambrosia Italian Bread
23 Meatballs w/Onion Gravy Bowtie Pasta Peas Pineapple Whole Wheat Bread	24 Chicken Stir-Fry Rice Pilaf Roasted Broccoli Fresh Fruit Pumpernickel Bread	25 Vegetable Cheese Bake Red Bliss Potatoes Scandinavian Vegetables Mixed Fruit Whole Wheat Bread	26 Beef Bourguignon Garlic Mashed Potatoes Green Beans Birthday Cake Diet = Small Piece Italian Bread	27 Lentil Stew w/ Cheddar Cheese Steamed White Rice Jardiniere Vegetables Chocolate Mousse Marble Rye
30 Roast Pork w/ Gravy Cranberry Stuffing Brussels Sprouts Pear Crisp Diet = Applesauce Whole Wheat Bread	31 Ziti with Meat Sauce Mozzarella Cheese Broccoli & Red Peppers Baked Apples Italian Bread	 <u>MENU SUBJECT TO CHANGE</u> Your \$3.00 Donation is Appreciated! 		

508-852-3205

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