

Elder Services of Worcester Area Nutrition Program

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><u>Labor Day</u></p> <p>No Meal Served</p>	<p>2</p> <p>Spaghetti & Meatballs Marinara Sauce Green Beans Fresh Fruit Italian Bread</p>	<p>3</p> <p>Beef Stir Fry Steamed Rice Roasted Broccoli Vanilla Mousse Pumpnickel Bread</p>	<p>4</p> <p>Honey Mustard Pork Red Bliss Potatoes Peas & Carrots Baked Cinnamon Pears Marble Rye Bread</p>	<p>5</p> <p>Chicken Cranberry Salad Pasta Salad Three Bean Salad Fruited Ambrosia Hot Dog Bun</p>
<p>8</p> <p>Burger with Chili & Cheese Herbed Potatoes Green Beans Jello Sandwich Roll</p>	<p>9</p> <p>Braised Beef Gemelli Pasta Broccoli Pear Crisp Diet = Pears Italian Bread</p>	<p>10</p> <p>Jambalaya Rice Pilaf Green Peas Pineapple Marble Rye Bread</p>	<p>11</p> <p>Vegetable Cheese Bake Seasoned Potatoes Mixed Vegetables Chocolate Pudding Diet = Chocolate Pudding Whole Wheat Bread</p>	<p>12</p> <p>Ranch Chicken Cornbread Stuffing Spinach Fresh Fruit Pumpnickel Bread</p>
<p>15</p> <p>Chicken Sofrito Stew Steamed White Rice Roasted California Blend Veg. Lorna Doone Cookies Whole Wheat Bread</p>	<p>16</p> <p>Hot Dog on Bun Baked Beans Coleslaw Baked Apples Mustard</p>	<p>17</p> <p>Burgundy Pork Mashed Sweet Potatoes Green Peas Peaches Marble Rye Bread</p>	<p>18</p> <p>Baked Potato with Chili & Cheese Jardiniere Vegetables Fresh Fruit Sour Cream Pumpnickel Bread</p>	<p>19</p> <p>American Chop Suey Roasted Broccoli Carrots Brownie Diet = Half Piece Italian Bread</p>
<p>22</p> <p>Turkey w/ Supreme Sauce Cornbread Stuffing Roman Blend Vegetables Fresh Fruit Marble Rye Bread</p>	<p>23</p> <p>Meatloaf with Gravy Garlic Mashed Potatoes Chuckwagon Corn Apple Crisp Diet = Baked Apples Whole Wheat Bread</p>	<p>24</p> <p>Shepherd's Pie Carrots Peas Chocolate Mousse Italian Bread</p>	<p>25</p> <p>Greek Chicken Lemon Seasoned Potatoes Country Blend Vegetables Birthday Cake Diet = Half Piece Marble Rye Bread</p>	<p>26</p> <p>White Bean Chicken Chili Brown Rice Roasted Brussels Sprouts Tropical Fruit Pumpnickel Bread</p>
<p>29</p> <p>Teriyaki Beef Steamed Rice Broccoli Pineapple Fortune Cookie Whole Wheat Bread</p>	<p>30</p> <p>Egg Frittata Stewed Tomatoes O'Brien Potatoes Tapioca Diet = SF Tapioca Italian Bread</p>	<p><u>YOUR \$3.00 DONATION IS APPRECIATED!</u> <u>MENU SUBJECT TO CHANGE</u></p> 		