

[www.eswa.org](http://www.eswa.org)

## Home Delivery Markets and Prepared Meal Delivery

### Market Delivery

**Gibson's Dairy Foods - 50 Sunderland Road, Worcester MA 01604**  
**508-753-1095 or [WWW.gibsonfarms.biz](http://WWW.gibsonfarms.biz)**

- Orders are called in. A product list is available online and includes dairy, eggs, bread, fresh produce, meats, frozen items, etc.
- Delivery charge is \$3.25. Delivery is up to 20-mile radius of Worcester. —  
Monday: Millbury, Auburn, Oxford, Boylston, W. Boylston  
Tuesday: Worcester -Park Ave/Chandler/Main, Leicester, Spencer, East Brookfield, Brookfield, Paxton.  
Wed: Worcester-Burncoat St/Lincoln St/E Mountain St/ West Boylston St Area, Holden, Rutland, Princeton, Sterling, Clinton, Lancaster, Leominster  
Thursday: Grafton, Shrewsbury, North, South, Westborough, Berlin  
Minimum of 6 items.
- **Not set up to accept EBT for payments at this time.**

Massachusetts residents who receive SNAP benefits can use their EBT card to buy food online from Amazon, BJ's, Daily Table, Stop & Shop, and Walmart, as well as ALDI, Hannaford, Price Chopper, Price Rite Marketplace, and Stop & Shop via Instacart.

For listing of participating stores in this program, see link below. Additional grocery store maybe added as they get approval.

<https://www.mass.gov/snap-online-purchasing-program>

**Stop & Shop PeaPod Grocery Service – 800-767-7772 [www.peapod.com](http://www.peapod.com)**

- Online shopping is available from all departments at Stop & Shop
- Minimum order: \$30.00
- Delivery Charges: under \$100 = \$9.95, Over \$100 = \$6.95 or \$2.95 pick-up charge when avail.
- Payment: electronic checks, credit card, ATM card, major credit cards, or Peapod direct check.

**Instacart – [www.instacart.com](http://www.instacart.com) or Store Websites to Order. Instacart Helpline 1-888-246-7822**  
**Area stores include: PriceRite, Price Chopper, Market 32, Shaws, BJ's, Big Y, Wegmans, Aldi, Stop and Shop, Market Basket.**

- Order online and shoppers pick up and deliver groceries directly to the customer's doorstep
- Senior Support Service – 844-981-3433 – 8 am to 11 pm
- Instacart adds a 5% service charge
- Payment Options: all major credit cards and debit cards
- All orders must be at least \$10
- Delivery Charges are as follows:

Without Instacart Express

- Orders over \$35: delivery as low as \$3.99 + pickup fee \$1.99
- Orders under \$35: delivery varies + pickup fee \$1.99

With Instacart Express [Instacart Express membership is \$99 per year.

- Orders over \$35: delivery free no pickup fee
- Orders over \$35 with 1-hour delivery: free
- Orders under \$35: delivery as low as \$9.99
- Accepts EBT at some locations

**Walmart (Pick-up and delivery in select locations) [www.walmart.com](http://www.walmart.com)**

- Order from a large online selection of grocery items
- Payment by credit card or debit card only.
- No minimum for pick-up, \$35 minimum for shipping
- Walmart+ Membership \$12.95/month or \$98/year
- -- free delivery, free shipping, no minimum order within ESWA towns only
- Walmart on 25 Tobias Boland Way in Worcester offers both pick-up and delivery.
- The Walmart in Leicester offers pick-up and delivery.
- Delivery orders from store to customer door w/per delivery fee of \$7.95 or \$9.95

## **Prepared Meal Delivery**

**Community Servings – 179 Amory St, Jamaica Plain MA 02130**  
**617-522-7777**

- Nutritious meals are for individuals with critical and chronic illnesses, and their families.
- Fifteen medical meal types are available
- Delivery is in 21 cities/towns in Boston area and select locations including City of Worcester
- To determine eligibility, individuals must submit a completed intake packet, including a medical certification form completed by their doctor or nurse. Once paperwork has been submitted, we may contact the individual, their doctor, nurse, or case worker directly for further clarification in order to make the best eligibility assessment)
- (For more information or to apply, please contact Client Services at 617.522.7777

**Heart to Home Meals – 289 Elm Street, Marlborough, MA 01752  
508-658-3000**

- Heart to Home provides nutritionally frozen meals. Order on-line, or by phone.
- Payment by debit or credit card or pay driver by cash or check.
- Towns include Auburn, Boylston, Grafton, Holden, Leicester, Rochdale, Cherry Valley, Millbury, Paxton, Shrewsbury, West Boylston, and Worcester.
- Order by Thursday 2 pm for delivery Friday
- **Not set up to accept EBT at this time.**
- Start up bundle for home delivery- \$67.99, Low Sodium bundle \$66.99

**Meals on Wheels – Elder Services of Worcester- 67 Millbrook St, Suite 100, Worcester MA  
01606 508-756-1545 or see website [www.eswa.org](http://www.eswa.org) for more information**

- Meals on Wheels are well-balanced, lunchtime meals for frail, homebound individuals who are at least 60 years of age.
- Meals are delivered Monday-Friday and include regular hot meals, modified meals for diabetics, supper meals, frozen meals, therapeutic meals, and kosher meals (Worcester only)
- There is a suggested donation of \$3.00 per meal (\$3.00 for kosher)
- Meals are delivered in Auburn, Barre, Boylston, Grafton, Hardwick, Holden, Leicester, Millbury, New Braintree, Oakham, Paxton, Rutland, Shrewsbury, West Boylston, and Worcester  
**Not set up to accept EBT at this time.**

**Mom's Meals - 3210 SE Corporate Woods Drive, Ankeny, Iowa 50021  
1-877-508-6667 – general information, 866-971-6667 self-pay orders or [www.momsmeals.com](http://www.momsmeals.com)**

Self-Pay Option:

- \$14.95 delivery charge. Minimum order 10 meals. Maximum order 21 meals per delivery.
- \$7.99 per meal includes a snack, \$8.99 for pureed, renal-friendly, gluten free, flat shipping rate
- Payment options: major credit cards or debit cards
- **Not set up to accept EBT at this time.**



Disclaimer: This resource comes as a courtesy from Elder Services of Worcester. You are hereby notified that Elder Services of Worcester does not recommend, guarantee or assume liability for the performance or lack thereof, for any of the resources listed Compiled by the Information & Referral Dept. of Elder Services of Worcester Area updated: 08/25 revised