

508-852-3205

Ext. 290

**JUNE 2025**

www.eswa.org

**Elder Services of Worcester Area Nutrition Program**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Pork-Rib-i-que w/ BBQ Sauce</b> Mac 'n Cheese Green Beans Pineapple Sandwich Roll	<b>3</b> <b>Swedish Meatballs</b> Garlic Mashed Potatoes Italian Blend Vegetables Fresh Fruit Pumpernickel Bread	<b>4</b> <b>Sloppy Joe's</b> Red Bliss Potatoes Mixed Vegetables Mixed Fruit Sandwich Roll	<b>5</b> <b>Chicken Cacciatore</b> Gemelli Pasta Roasted Broccoli Lorna Doone Cookies Whole Wheat Bread	<b>6</b> <b>Fish w/ Crumb Topping</b> Rice Pilaf Spinach Lemon Pudding Diet = SF Tapioca Marble Rye Bread Tartar Sauce
<b>9</b> <b>Vegetable Cheese Bake</b> Seasoned Potatoes Capri Blend Vegetables Jello Marble Rye Bread	<b>10</b> <b>Spaghetti &amp; Meatballs</b> Marinara Sauce Green Beans Peach Crisp Diet = Peaches Italian Bread	<b>11</b> <b>Braised Beef</b> Gemelli Pasta Herbed Carrots Fruited Ambrosia Whole Wheat Bread	<b>12</b> <i>Father's Day Meal</i> <b>Chicken w/ Broc. &amp; Cheese</b> Cornbread Stuffing Roasted Brussels Sprouts Carrot Cake Diet = Cheesecake Mousse Pumpernickel Bread	<b>13</b> <b>Vegetarian Chili w/ Cheddar Cheese</b> Steamed Rice Roasted California Blend Fresh Fruit Marble Rye Bread
<b>16</b> <b>Beef Stir Fry</b> Steamed Rice Roasted Broccoli Tropical Fruit Whole Wheat Bread	<b>17</b> <b>Hot Dog</b> Baked Beans Coleslaw Baked Apples Hot Dog Bun Mustard	<b>18</b> <b>Garlic Herbed Chicken</b> Cranberry Stuffing Cabbage & Carrots Chocolate Pudding Diet = SF Choc. Pudding Pumpernickel Bread	<b>19</b> <u><b>Juneteenth</b></u>  <b>No Meals Served</b>	<b>20</b> <b>Ham Salad</b> Pasta Salad Tomato & Onion Salad Fresh Fruit Hot Dog Bun
<b>23</b> <b>Burger with Chili &amp; Cheese</b> Herb Potatoes Green Beans Fresh Fruit Sandwich Roll	<b>24</b> <b>Burgundy Pork</b> Mashed Sweet Potatoes Green Peas Pears Marble Rye Bread	<b>25</b> <b>Butter Chicken</b> Red Bliss Potatoes Country Blend Vegetables Vanilla Mousse Whole Wheat Bread	<b>26</b> <b>Jambalaya</b> Rice Pilaf California Blend Vegetables Birthday Cake Diet = Small Piece Pumpernickel Bread	<b>27</b> <b>Bean and Cheese Enchilada</b> Spanish Rice Summer Corn Sour Cream Pineapple Pita Bread
<b>30</b> <b>American Chop Suey</b> Roasted Broccoli Carrots Lorna Doone Cookies Italian Bread	<b><u>MENU SUBJECT TO CHANGE</u></b>  <b><i>Your \$3.00 Donation is Appreciated!</i></b>			