

# April 2025

## Elder Services Worcester Area Nutrition Program

MENU SUBJECT TO CHANGE

### **Tuesday 1st**

Spaghetti and Meatballs with Marinara Sauce

Green Beans

Italian Bread

Fresh Fruit

### **Wednesday 2d**

Jambalaya

Rice Pilaf

Green Peas

Pineapple

Marble Rye Bread

### **Thursday 3rd**

Honey Mustard Pork

Red Bliss Potatoes

Roasted Brussels Sprouts

Baked Cinnamon Pears

Marble Rye Bread

### **Friday 4th**

Vegetable Cheese Bake

Seasoned Potatoes

Jardiniere Vegetables

Chocolate Mousse

Italian Bread

### **Monday 7th**

Burgundy Pork

Rice Pilaf

Peas & Onions

Pineapple

Pumpnickel Bread

### **Tuesday 8th**

Hot Dog on Bun

Baked Beans

Coleslaw

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## Elder Services Worcester Area Nutrition Program

Baked Apples

Mustard

### **Wednesday 9th**

Braised Beef

Gemelli Pasta

Roasted Broccoli

Lemon Pudding

Italian Bread

### **Thursday 10th**

Ranch Chicken

Herbed Potatoes

Spinach

Fresh Fruit

Pumpnickel Bread

### **11th**

Macaroni & Cheese

Stewed Tomatoes

Mixed Vegetables

Lorna Doones

Whole Wheat Bread

### **Monday 14th**

Butter Chicken

Seasoned Rice

Winter Blend Vegetables

Rice Krispy Treat

Italian Bread

### **Tuesday 15th**

Salisbury Steak

Garlic Mashed Potatoes

Tuscany Vegetables

Fresh Fruit

Sandwich Roll

### **Wednesday 16th**

American Chop Suey

Roasted California Vegetables

Baked Apples

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## Elder Services Worcester Area Nutrition Program

Lorna Doone Cookies

Whole Wheat Bread

### **Thursday 17th Holiday Meal**

Maple Glazed Ham

Sour Cream and Chive Mashed Potatoes

Carrots

Chocolate Cake

Marble Rye Bread

### **Friday 18th**

Lemon Pepper Haddock

Rice Pilaf

Herbed Carrots

Fruited Ambrosia

Whole Wheat Bread

### **Monday 21st**

**Patriot's Day No Meals Served**

### **Tuesday 22d**

Greek Chicken

Seasoned Potatoes

Summer Blend Vegetables

Mandarin Oranges

Pumpernickel Bread

### **Wednesday 23rd**

Meatloaf with Gravy

Garlic Mashed Potatoes

Chuckwagon Corn

Pear Crisp

Whole Wheat Bread

### **Thursday 24th**

Shepherd's Pie

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## Elder Services Worcester Area Nutrition Program

Roasted Carrots

Green Beans

Birthday Cake

Marble Rye Bread

### **25th**

Turkey Supreme

Herbed Stuffing

Roasted Brussels Sprouts

Fresh Fruit

Italian Bread

### **Monday 28th**

Egg Frittata

O'Brien Potatoes

Mixed Vegetables

Peaches

Marble Rye Bread

### **Tuesday 29th**

Teriyaki Beef

Steamed Rice

Broccoli

Chocolate Mousse

Fortune Cookie

Whole Wheat Bread

### **Wednesday 30th**

Chicken Picatta

Lemon Seasoned Rice

Roman Blend Vegetables

Vanilla Pudding

**April 2025**  
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Pumpnickel Bread