

Vietnamese Meals October

2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| | 1 Baked Chicken White Rice California Blend Vegetables | 2 Orange Chicken White Rice California Blend Vegetables | 3 Pepper Steak Veggie Stirfry Rice California Blend Vegetables | 4 Teriyaki Pork w/peppers & onions White Rice Veggie Stir-fry |
| 7 Ga Kho (Caramelized Chicken) White Rice Veggie Stir-fry | 8 Ban Xeo (Crepes) Dinner Roll Mixed Vegetables | 9 Teryaki Pork w/peppers and onions, White Rice, Asian Veg | 10 Lemon Grass Chicken White Rice Steamed Broccoli | 11 Orange Chicken White Rice California Blend Vegetables |
| 14 Beef Stew (Bo Kho) White Rice California Blend | 15 Ga Kho (Caramelized Chicken) | 16 Baked Haddock Sweet Baked Potato | 18 Orange Chicken White Rice California Blend | 18 Teryaki Pork w/peppers and onions |
| 21 Beef Stew (Bo Kho) White Rice Mixed Vegetables | 22 Ban Xeo (Crepes) Dinner Roll Mixed Vegetables | 23 Egg roll bowl Rice Noodles Broccoli | 24 Roasted Teryaki Pork, White Rice Asian Blend veg | 25 Ga Kho (Caramelized Chicken) White Rice, Corn |
| 28 Garlic Ginger Chicken White Rice Asian Blend Veg | 29 Baked Chicken Veggie Stir-fry Rice Steamed Broccoli | 30 Pepper Steak White Rice California Blend | 31 Baked Haddock White Rice Mixed Vegetables | |

