

P: 508-756-1545 ■ F: 508-754-7771 ■ TF: 800-243-5111 ■ TTY: 774-312-7291

Central Massachusetts Memory Café's

All Cafés are free of charge

A memory café is a welcoming place for people with forgetfulness or other changes in their thinking and for their family and friends. All Cafes are Free of Charge.

Statewide Memory Café Directory- [Directory of Memory Cafés in Massachusetts - Older Adults - Our Services - Jewish Family & Children's Service \(jfcsboston.org\)](#)

International Memory Café Directory- <https://www.memorycafedirectory.com/>

Auburn

“Here and Now Memory Café”

Where: Pakachoag Church 203 Pakachoag St, Auburn **When:** Usually meets the fourth Friday of the month of the month 1:30-3:00pm. **RSVP requested but not required.** For more information or to RSVP, please contact Kathy Parandes at office@pakachoag.org or 508-755-8718.

Charlton

Where: 88 Masonic Home Rd, Charlton MA (meet in Vista Adult Day Program's space)

When: Usually meets the second Thursday of each month 1:00-2:00 pm **Cost:** Free of charge

RSVP requested but not required. For more information or to RSVP, please contact Kathleen Walker at kawalker@overlook-mass.org or 508-434-2551.

Dudley

“Common Ground Memory Café”

Where: Dudley Municipal Building/Dudley Senior Center, First Floor, 71 W. Main Street, and Dudley. **When:** Usually the third Thursday of the month, 3:00-5:00 p.m. **RSVP requested but not required.** For more information, please contact Margaret Bussiere at coa@dudleyma.gov or 508-949-8015 ext. 3.

Lunenburg

"A Cup of Joy Memory Café"

Where: Eagle House Senior Community Center, 25 Memorial Drive, Lunenburg, MA 01462

When: Usually meets on the last Friday of each month. 10:00am - 12:00pm

Cost: Free of charge

RSVP: RSVP requested but not required. For more information or to RSVP, please contact Susan Doherty at 978-582-4166 or sdoherty@lunenburgma.gov

Marlborough (2)

“Grateful Moments Memory Café”

Where: Lost Shoe Brewing and Roasting Company, 19 Weed Street, Marlborough MA 01752

When: Usually meets the third Monday of the month 1:00 p.m. - 3:00 p.m. **Cost:** Free of charge

RSVP is required: Please RSVP to the Marlborough Senior Center at 508-485-6492. For more info or questions contact Bob DePeron at bob@rahbostonmetro.com.

“Better Day Memory Café”

Where: 195 Reservoir St. Marlborough, MA 01752

When: Usually meets on the 3rd or 4th Saturday of the month 10:00 a.m. - 11:30 a.m.

Cost: Free of charge

RSVP is required: Please RSVP to regina@betterdayprogram.org or call 508-481-0809 by the Thursday prior to the scheduled meeting date.

Millbury

Where: Millbury Council on Aging, 1 River Street, Millbury, MA. **When:** Fourth Tuesday of the month, 2:00-3:30 p.m. **RSVP requested but not required.** For more info, please contact Julianna Fitzgerald, Outreach Worker, at 508-865-9154 or at jfitzgerald@townofmillbury.net

Shrewsbury (2)

“Good day Memory Café”

Where: Shrewsbury Library 609 Main Street, Shrewsbury, MA

When: Usually meets on the first and third Friday of each month, 2:00pm-3:30pm

RSVP: No registration needed to attend. **Cost:** Free

Contact Information: For more information, please contact Michael Zeller, Assistant Library Director, at 508-841-8531 or mzeller@cwmares.org

“Memory Lane Café”

Where: Shrewsbury Senior Center, 98 Maple Ave, Shrewsbury **When:** 2nd & 4th Friday of each month 11:00am -1:00pm **Contact:** Merri Gerber at 508-841-8640, RSVP required: Email merrie_gerber@mac.com

Spencer

“Sunflower Memory Café”

Where: Spencer Senior Center, 68 Maple Street, Spencer **When:** Usually meets on the third Thursday of the month 1:00 - 3:00 p.m. **Cost:** Free of charge; donations accepted. **RSVP requested but not required.** For more information, contact April Caruso at 508-885-7546 or ACaruso@spencerma.gov.

Worcester

“Making Connections Memory Café”

Where: Worcester Senior Center, 128 Providence Street, Worcester. **When:** Monthly, usually the third Tuesday of the month, 2:00- 3:30 p.m. **RSVP appreciated, but not required.** Contact Deb Dowd-Foley at Elder Services of Worcester Area at Memorycafe@eswa.org or 508-756-1545.

Disclaimer: This resource comes as a courtesy from Elder Services of Worcester. You are hereby notified that Elder Services of Worcester does not recommend, guarantee or assume liability for the performance or lack thereof, for any of the resources listed
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