

[www.eswa.org](http://www.eswa.org)

## CAREGIVER SUPPORT GROUPS

**Note: Please call and verify day and time before going to a meeting, as schedules often change.**

**Alzheimer's Association LGBTQ Phone Support Group** This is a **telephone** support group for LGBTQ partners and spouses of people living with dementia. The support group is held the first Monday of every month 1:00-2:00pm. Contact Barb Meehan at 508-291-0660 or email [bamscats@gmail.com](mailto:bamscats@gmail.com).

**Dodge Park Day Club/Rest Home** - 101 Randolph Road, Worcester MA 01606

**Family Support Group** for caregivers and care receivers meets the 2<sup>nd</sup> Tuesday of every month 6:00-8:00 pm. A light supper is provided. Free and open to general public. Contact Elaine Kapperman at 508-853-8180.

**Fairlawn Rehabilitation Hospital** - 189 May Street, Worcester MA 01602

**Stroke Support Group** open to **stroke survivors, families, and the community**. Meets the 4<sup>th</sup> Wednesday of each month 2:00-3:30pm. Call Linda Larson at 508-791-6351 ext. 393 or Denise Baer Rogan ext. 255.

**Brain Injury/Stroke Caregiver Support Group** meets on the last Wednesday every month 5:00 -7:00pm. Contact Megan Bonner 508-791-6351 ext.346

**The Golden Living Center – Hermitage** - 383 Mill Street, Worcester MA 01602

**Alzheimer's Support Group** meets on the 3<sup>rd</sup> Thursday of the month 6:00-8:00pm. Open to the public. Contact Mary Stevens at 508-791-8131 ext. 36.

**The Oasis at Dodge Park** - 102 Randolph Road, Worcester MA 01606

**Family Support Group** for caregivers and care receivers meets the 3<sup>rd</sup> Wednesday of every month 6:00-8:00 pm. Activity and supervision for memory impaired individuals will be provided for by Day Club personnel during the meeting. A light supper is provided. Free and open to general public. Contact Micha Shalev/Sara Shalev at 508-853-8180

**Patient & Family Cancer Support Group (UMMHC)** Peter Levine Cancer Building  
33 Kendall Street Worcester, MA 01605

Group is open to anyone with a past or present **cancer diagnosis**. Family, friends and significant other are invited. Meets on the 3<sup>rd</sup> Monday of each month from 6:30-8:00pm. (In January and February the group is on the 2<sup>nd</sup> Monday due to holidays) Contact Elisabeth Larrivee at 774-442-4383. Free parking.

**Salmon Adult Day Health Center** –65 Beaumont Drive, Northbridge MA 01534

**General Caregiver Group** meets 2<sup>nd</sup> Thursday of each month, 7:00pm to 8:30pm  
Contact: Lisa Pontbriand, LSW, CDP (508) 234-4769, ext. 3070

**Shrewsbury Crossings (Benchmark Senior Living)** 311 Main Street, Shrewsbury, MA 01545

**Alzheimer's and related dementia caregiver support group**. Meets the 1<sup>st</sup> Wednesday of the month at 6:00pm. Call 508-925-7791 for more information.

**Shrewsbury Senior Center** 98 Maple Avenue, Shrewsbury, MA 01545

**Dementia Caregiver Support Group** meets the 3<sup>rd</sup> Tuesday of the month 9:30 – 11:00 a.m.

Contact Walter Rice, Outreach Coordinator 508-841-8647 or [wrice@shrewsburyma.gov](mailto:wrice@shrewsburyma.gov)

**South Bay Early Childhood Services & Worcester Connections Family Resource Center, of YOU, Inc.**

548 Park Ave Suite B, Worcester MA 01603. Contact Anne Bureau @ 508-796-1411 ext. 418. English/Spanish.

**Grandparents Raising Grandchildren Group** meets the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month 11am-12pm.

**Southgate at Shrewsbury** 30 Julio Drive Shrewsbury, MA 01545

**Lewy-Body Caregiver Support Group** meets the 1<sup>st</sup> Wednesday of the month from 6:30 - 8 pm.

Contact Cathy Flanagan at 508-735-2059 or email [Catmandu117@aol.com](mailto:Catmandu117@aol.com)

**St. Francis Rehabilitation and Nursing Center** Adult Day Health, 37 Thorne Street, Worcester, MA 01604

**Dementia Caregivers Group** meeting the 4<sup>th</sup> Monday of the month at 5:00pm.

Contact Jeanne Pellegrino 508-755-8605 [jpellegrino@saintfrancisrehab.com](mailto:jpellegrino@saintfrancisrehab.com)

**St Vincent Hospital** 123 Summer Street, 5<sup>th</sup> floor North Conference Rm 581 Worcester, MA 01608

**Parkinson's Support Group** (open to those with Parkinson's and caregivers) meets the 1<sup>st</sup> Wednesday of the month 6:30-8:00 pm. Contact Elizabeth Austin at 508-755-2656 or e-mail [apdama@apdaparkinson.org](mailto:apdama@apdaparkinson.org)

**Tatnuck Park at Worcester** 340 May Street, Worcester MA 01602

**Alzheimer's Support Group** held for caregivers, meets the first Thursday of the month at 6:30-7:30pm.

Call ahead. Contact Kristin Ramsey at 508-755-7277.

**Whitney Place at Westborough** 5 Lyman Street Westborough, MA

**Alzheimer Patient Group** meets the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of most months (except for November which will be educational programs) from 10:30-12:00pm.

**Family and Care partner Alzheimer's Support Groups** meets the 1<sup>st</sup> Tuesday of each month from 7:00-8:30pm at the conference room on the 2<sup>nd</sup> floor. Contact 508-836-4354 . Respite is available on site if given advanced notice.

Location: Whitney Place at Westborough, Five Lyman Street

Time: 2nd and 4th Thursday of each month, 10:30 AM to 12:00 noon \* respite provided for daytime group

Time: 1st Tuesday of each month, 7:00 PM to 8:30 PM

Contact: Diane Tonelli (508) 836-4354, ext. 3543 for day and evening groups

**YWCA - Grandparents Raising Grandchildren (includes other kin)** 1 Salem Square, Worcester, MA 01608

Meets the 2<sup>nd</sup> Monday of the month from 6:00-8:00pm. Day will change if it falls on a holiday.

Contact Debbie Dowd-Foley at Elder Services of Worcester Area for more information at 508-756-1545.

**Dept. of Veterans Affairs Caregiver Support Hotline** -1-822-260-3272 or visit [www.caregiver.va.org](http://www.caregiver.va.org)

**Alzheimer's Association 24/7 Helpline** 1-800-272-3900 or visit [www.alz.org](http://www.alz.org)

**Parkinson's Disease Foundation PD Helpline** 1-800-457-6676 Mon-Fri 9am-5pm ET

*Disclaimer: This resource comes as a courtesy from Elder Services of Worcester. You are hereby notified that Elder Services of Worcester does not recommend, guarantee or assume liability for the performance or lack thereof, for any of the resources listed  
Compiled by the Information & Referral Dept. of Elder Services of Worcester Area Revised 04/2018*