You are welcome to attend any one of Elder Services of Worcester Area’s other Dining Centers...

**Dining Centers**

**WORCESTER**
- **Bet Shalom** *Kosher* (Tues & Thurs)
  475 Chandler Street (508) 756-7109 ext.232
- **Centro** (Weds & Fri)
  11 Sycamore Street (508) 798-1900
- **Lincoln Village** Victoria Café (Mon, Weds, Fri)
  116 Country Club Boulevard (508) 853-6419
- **Marble Street** (Tues & Thurs)
  11 Marble Street (508) 791-2236
- **Mount Carmel**
  23 Mulberry St (508) 852-3205 (Tues)
- **Worcester Senior Center** (Mon–Fri)
  128 Providence Street (508) 799-8070

**AUBURN** Young at Heart Café (Mon - Fri)
- 4 Goddard Drive (508) 832-7798

**BARRE** (Mon – Fri)
- 557 South Barre Road (978) 355-5027

**BOYLSTON** (Tues & Thurs)
- 599 Main Street (508) 852-3205

**GRAFTON** (Mon – Fri)
- 30 Providence Road (508) 839-5335 x161

**HARDWICK** (Mon – Thurs)
- 307 Main Street, Gilbertville (413) 477-6707

**HOLDEN** (Mon – Fri)
- 1128 Main Street (508) 210-5578

**LEICESTER** Strawberry Hill Café (Mon – Fri)
- 40 Winslow Avenue (508) 892-7016

**MILLBURY** (Mon – Fri)
- 1 River Street (508) 865-9247

**OAKHAM** Backdoor Café (Mon/Tues/Thurs/Fri)
- 2 Coldbrook Road (508) 882-5251

**PAXTON** Schoolhouse Café (Tues, Thurs, Fri)
- 17 West Street (508) 756-2833

**RUTLAND** Café Glenwood (Mon – Fri)
- 53 Glenwood Road (508) 886-4119

**SHREWSBURY** Village Café (Mon – Fri)
- 98 Maple Avenue (508) 841-8757

**WEST BOYLSTON** (Mon – Fri)
- 127 Hartwell Street (508) 835-6916

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You are welcome to attend any one of Elder Services of Worcester Area’s other Dining Centers...

**WLEN** is a cooperative effort of:

**Central Massachusetts Agency on Aging**
Helping You at the Crossroads of Elder Care
508-852-5539
www.SeniorConnection.org

**Elder Services of Worcester Area, Inc.**
Helping You Stay at Home
800-243-5111 / 508-756-1545
www.eswa.org

**Worcester Senior Center**
Taking you in New Directions
508-799-1232
www.ci.worcester.ma.us/ocm/elder-affairs/senior-center

The **Nutrition Project** is administered by Elder Services of Worcester Area, Inc. and receives federal financial support under the Older Americans Act provided by the Central Massachusetts Agency on Aging and the Massachusetts Executive Office of Elder Affairs. Funders also include United Way of Central Massachusetts, Greater Worcester Community Foundation, local Councils on Aging, participant donations, grants and individual support.

www.800ageinfo.com 1-800-AGE-INFO

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**Unitarian Universalist Church of Worcester**
90 Holden Street
Worcester, MA 01606

**Sponsored by:**
Rainbow Lunch & Supper Clubs

The Rainbow Lunch and Supper Clubs offer LGBTIQA* seniors age 60+ a nutritious meal and an opportunity to socialize with friends and enjoy various activities including programs, entertainment and educational series.

The Rainbow Lunch Club meets the 2nd & 4th Wednesdays of each month at the Unitarian Universalist Church of Worcester, 90 Holden Street, Worcester, MA. Lunch is served at noon, followed by programs or social time.

The Rainbow Supper Club meets the 1st Tuesday evening of each month: 6:00-8:00pm at the Unitarian Universalist Church of Worcester, 90 Holden Street, Worcester, MA. Supper is served at 6:15pm, followed by social time.

Advance reservations are required.

A wide variety of nutritious meals are offered ranging from roast turkey to salmon, meatloaf sandwiches to vegetable alfredo and shepherd’s pie to macaroni & cheese. All the meals are prepared with no added salt and meet 1/3 of the recommended daily intake for persons age 60 and older.

Reservations & Cancellations: If you wish to attend the Rainbow Lunch or Supper Club or cancel your reservation, please call or email WLEN one week prior: 508-756-1545 ext.404 or wlen@eswa.org. If no one is available please leave a message including your name and phone number and date you plan to attend.

Is there a cost to participate? We suggest a $2.50 donation from guests age 60 and older. The fee for all guests under age 60 is $5.50. Donations and fees help to defray the agency’s cost.

Worcester LGBT Elder Network ‘WLEN’ WLEN works collaboratively to promote access to education, support, resources and social opportunities for LGBTIQA* individuals age 50+ and caregivers.

WLEN sponsors regular programs to keep LGBT older adults and their caregivers informed about new developments in the field of aging.

WLEN periodically sponsors social events for LGBT older adults. Enjoy new activities and meet new friends through WLEN.

Inclement Weather: If the Rainbow Lunch Club is cancelled because of inclement weather (snow, icy conditions, etc.), the cancellation will be announced as “Elder Services of Worcester Meals on Wheels and Dining Centers are closed” on: WRCN 830AM, WTAG 580AM, WSRS 96.1 and WXLO 104.5 radio stations. You may also call the Nutrition Office at (508) 852-3205 after 8:30am for cancellation information. Please note that evening meals are always cancelled when daytime meals are cancelled.

Rainbow Lunch/Supper Clubs & WLEN Contact Information:
LGBT Peer Worker
Elder Services of Worcester Area
(508) 756-1545 ext. 339
(800) 243-5111
wlen@eswa.org

* Lesbian, gay, bisexual, transgender, intersex, questioning, and allies.